



## NOTICE

Nutritional and allergen information provided is based on Bean Sprouts' standardized recipes and representative values and information provided by suppliers.

A number of factors may affect the actual nutritional and allergen information for each product, including but limited to preparation techniques, order customization, product testing, new recipe testing, sources of supply, and regional/seasonal differences.

Because of these factors, Bean Sprouts cannot guarantee the complete accuracy of the nutritional and allergen information provided on our website or in our nutritional binders found in each café. For further questions or clarifications, please consult the onsite manager.

In addition, testing of new recipes of existing products may be conducted from time to time in certain markets. These new recipes may contain different/additional ingredients, including allergens, as compared to the original version. Some cafés may serve menu items which are not listed here. For the most up-to-date information on limited time offering menu items, please call or visit your nearest café to speak with a Bean Leader.

**Allergen Statement: While we do our best to accommodate special dietary needs, and our recipes do not contain nuts, Bean Sprouts cannot guarantee that food from our vendors is free of nuts, dairy, gluten, soy, eggs, or other allergens.**






































































































## Allergen Information

Updated August 2018





















































































Item	Gluten-free	Dairy-free	Egg-free	Soy-free	Vegetarian	Vegan	Shellfish-free
<b>Imaginibbles</b>							
Do-Re-For-Me							
Grilledzilla							
Grilledzilla with Turkey							
Flutter Bite							
Crocamole							
Under the Sea-Za							
Taste Buds							
Whoopsie Daisy							
Gluten-Free Bread							
Side of Veggie Tots							
<b>Pizza</b>							
Cheese Pizza							
Pepperoni Pizza							
Mediterranean Pesto							
Add-On Chicken							
Add-on Pepperoni							






























Item	Gluten-free	Dairy-free	Egg-free	Soy-free	Vegetarian	Vegan	Shellfish-free
Gluten-Free Crust							
<b>Grown-Up Sandwiches</b>							
Great Turkado (without salad)							
Tuna Dillight Cold (without salad)							
Tuna Dillight Melt (without salad)							
Hum Diggity (without salad)							
Mona Cheesa (without salad)							
Meat & Greet (without salad)							
Chicken Pesto Chango (without salad)							
Side Salad with Balsamic Vinaigrette							
Gluten-Free Bread							
<b>Salads</b>							
Mediterrane-Yum (without dressing)							
Q&A(without dressing)							
Add-On Chicken							
Add-On Avocado							
Add-On Tuna Salad							
<b>Soups</b>							
Creamy Tomato							



Item	Gluten-free	Dairy-free	Egg-free	Soy-free	Vegetarian	Vegan	Shellfish-free
<b>Cold Drinks</b>							
Classic Lemonade							
Raspberry Lemonade							
Organic Iced Tea							
Iced Coffee							
Iced Latte							
Iced Vanilla Latte							
Iced Caramel Latte							
Iced Cafe Miel							
Iced Mocha							
Iced Tiramisu Mocha							
Iced Chai							
Iced Caramel Chai							
<b>Hot Drinks</b>							
Organic Tea							
Organic Coffee							
Americano							
Café Au Lait							
Latte							

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Item	Gluten-free	Dairy-free	Egg-free	Soy-free	Vegetarian	Vegan	Shellfish-free
Vanilla Latte							
Caramel Latte							
Cafe Miel							
Mocha							
Tiramisu Mocha							
Chai							
Caramel Chai							
Cappuccino							
Espresso							
Macchiato							
Extra Espresso Shot							
Extra Pump of Flavor							
Organic Soy Milk							
Hot Cocoa							
<b>Breakfast</b>							
Egg white + cheddar sandwich							
Egg white + turkey + spinach + smoked paprika honey aioli sandwich							
Egg white + roasted veggies + mozzarella sandwich							

Item	Gluten-free	Dairy-free	Egg-free	Soy-free	Vegetarian	Vegan	Shellfish-free
Pancake Puffadoodles							
Organic Jam							
SunButter & Chocolate							
Chocolate							
Gluten-Free Bread							

Menu may vary depending on location and season.

All sandwiches and pizzas entrees can be made with gluten-free bread or crust.

We are always hapPEA to show you any ingredient labels (bread, crust, etc.) so you can see nutritional information for yourself!